

WHAT IS IT?

Social Emotional Learning (SEL) check-in is a system for students to be able to check-in and reflect on a daily basis while participating in virtual and in-person instruction. This resource can be pushed out through Google Classroom, allowing teachers with the ability to easily and efficiently deliver the resource to all students while also being able to provide feedback and support.

IMPACT?

Students are provided the opportunity daily to share how they are feeling with their teacher by simply choosing emojis that describe their feelings. This allows students to identify their feelings and communicate these feelings. The tool also provides students with the opportunity to reflect on what they are doing well and what they would like to improve, which promotes metacognitive skills. Furthermore, through this activity, students are not only able to check in with their social-emotional learning but are also able to apply writing and technology skills.

SEL Daily Check-In

**PROMISING
PRACTICES**

Office of the Maricopa County
School Superintendent
Steve Watson

DAILY REFLECTION	
MONDAY	
How do you feel today?	What is something you did really well today? Edit
What is something you need to work on or you want to improve? Edit	How can your teacher help you? Edit

DAILY REFLECTION	
TUESDAY	
How do you feel today?	What is something you did really well today? Edit
What is something you need to work on or you want to improve? Edit	How can your teacher help you? Edit

TO LEARN MORE ABOUT THIS RESOURCE:

<https://docs.google.com/presentation/d/1MCVz2GuH9BTuXi5qYYeLT2bvccckrhNR629pGeQQLjg/edit?usp=sharing>

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