

2024 JANUARY CULTURE AND CLIMATE CALENDAR

BRINGING IN THE NEW YEAR

WEEK 1

Get Back on Track

Use these strategies to support returning from winter break.

- Get your to-dos in order- just list and sort to enable prioritizing.
- Triage your inbox - labels and folders can be magical.
- Push off non-urgent meetings- try [this](#).
- Give yourself breathing room - scheduling breaks will increase overall productivity.

[Post Holiday Strategies - The Muse](#)

WEEK 2

Dial Back Stress

Use these strategies to reduce your stress as a leader.

- Quit jumping from task to task- [multitasking is a myth](#).
- Quit letting big tasks drown you- make room for reflection and regeneration.
- Limit interruptions- this includes interrupting yourself.
- Quit nitpicking.
- Quit neglecting yourself.
- Set healthy boundaries on your work habits.

[Breaking the Rush Cycle - SmartBrief Leadership](#)

WEEK 3

Embrace Gratitude

Cultivate gratitude in everyday life

- Maximize moments- small actions add up.
- Pursue perspectives- be curious and value others.
- Communicate with transparency- open conversation promotes gratitude and collaboration.
- Honor humility- recognizing that we are constantly improving helps us value colleagues.

[4 Practices to Embrace Gratitude - ASCD Smart Brief](#)

WEEK 4

Prioritize Culture

A positive work environment is built on these simple (yet complex) mindsets

- People First.
- Celebratory.
- Proactive.
- Collaborative.
- Curious.
- Accountable.
- Open-minded.
- [Relational Trust](#) Driven.

schoolsup.org/retention