

Promising Practices: Student Well-Being Creator Mindset

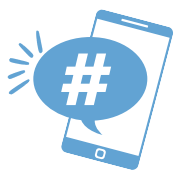


What is it?

Creator Mindset lessons focus on helping students establish a growth mindset in which they learn to take responsibility for their successes as well as their failures. It is a mindset that involves not blaming others and keeping a positive attitude no matter what the circumstances. They view obstacles and problems as challenges they can overcome.

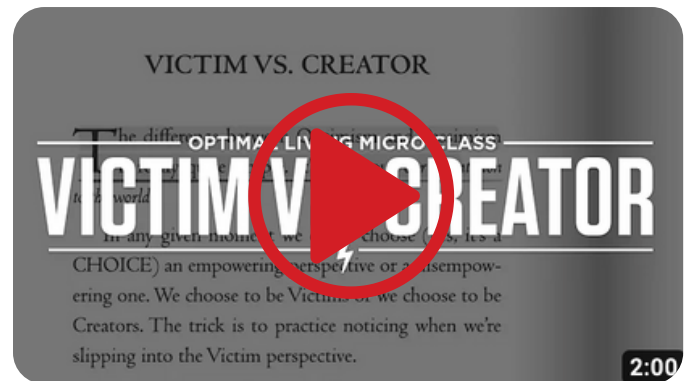
Impact?

- Self-awareness
- Self-management
- Responsible decision-making



Show us how you did it: [#PromisingPractices](#) [#FreeTeacherResources](#)

About



To learn more about this resource:



[Victim Vs. Creator](#)

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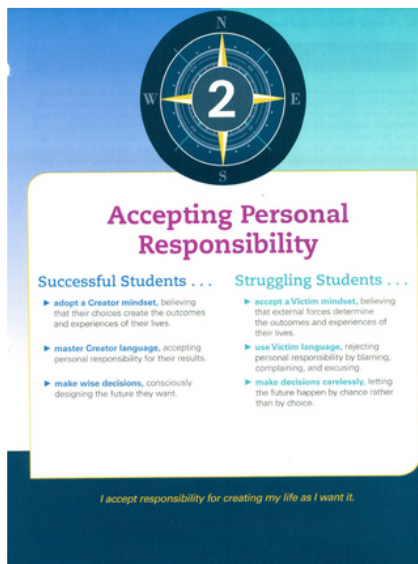
Camelback High School

Phoenix Union High School District

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Sample



Grade Level

9-12

Additional Resources



Accepting Personal Responsibility Course and Journal Prompts



How to do it:

1

Introduction: Watch the video Victim Vs. Creator to introduce the concept. <https://youtu.be/KPIFTMG1GhU>

2

Creator Mindset Journal: Use the journal entry prompts from the Accepting Personal Responsibility course found on this page under *Additional Resources*.

3

Journal Prompts:

- Experiment with the Creator role. By choosing to take responsibility for your life, you will immediately gain an increased power to achieve your greatest potential.
- Practice the language of personal responsibility. By learning to translate Victim statements into Creator statements, you will master the language of successful people.
- Wise Choice Process. Think about a current problem, one that you're comfortable sharing with your classmates and teacher, and use the process to help you make an empowering choice in any part of your life.

Office of the Maricopa County
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schoolsup.org/promising-practices