

Office of the Maricopa County School Superintendent Steve Watson



Topic: Heat Exhaustion and Bioengineering	Materials:
	Map of school
Challenge:	School schedule and list of regular activities
Think like a Bioscience professional and design a solution	students and/or teachers participate in.
for keeping students and teachers from overheating at	• Thermometers – to measure air temp.
schools during specific activities.	 Thermometers – to measure body temp.
	• *Materials for designing and building a solution
	will vary depending on the identified problem at
	each school.

Real World Connection/Resources:

AZ Heat Safety Resource Guide: <u>https://www.azdhs.gov/documents/preparedness/epidemiology-disease-control/extreme-weather/heat/az-heat-safety-resource-guide.pdf</u>

AZ Department of Health Services: <u>https://www.azdhs.gov/preparedness/epidemiology-disease-control/extreme-weather/heat-safety/index.php#heat-home</u>

Tips for Preventing Heat-related Illness: <u>https://www.cdc.gov/disasters/extremeheat/heattips.html</u>

National Integrated Heat Health Information System: <u>https://www.heat.gov/pages/planning-and-preparing</u> Heat Illness Prevention: <u>https://www.osha.gov/heat/</u>

Heat Relief Network: <u>https://azmag.gov/Programs/Heat-Relief-Network</u>

108 degrees Critical Response : <u>https://az.pbslearningmedia.org/resource/108-degrees/108-degrees-critical-response/</u>

The Science of Keeping Cool: <u>https://az.pbslearningmedia.org/resource/nvmms.sci.phys.cool/the-science-of-keeping-cool/</u>

Feeling the Heat and Staying Cool Lets Learn: <u>https://az.pbslearningmedia.org/resource/ll97-feeling-heat-staying-cool-video/lets-learn/</u>

Explore on-demand interviews with professionals sharing their career journey and talking about their workplace: https://schoolsup.org/stem-pro-live

Connect with professionals to enhance real-world application and bring awareness to college and career pathways: <u>educatorproconnect.org</u>

Explore Pathways to Life and Bioscience Careers: <u>https://schoolsup.org/bioscience</u>

Sequence of Instruction					
Define the Problem:					
Guided Questions	Teacher Notes				
 What do you have available to work with when designing your solution? What would a successful solution look like? How will you know if your design is successful? What are your constraints or limitations? Developing Solutions with Empathy requires thinking about the problems from the perspective of the user. Who is your solution intended for? What are the challenges they are facing? How is their current experience impacting their physical and emotional life? Finally, you need to try to understand what is causing them to have this experience. Understanding the Why is the most critical step in developing a successful solution. 	 Have your students start by looking at or building a model (paper, 3D, or digital) of the school campus. Next, make a list of all activities that students/teachers are doing throughout the day that would expose them to heat from the sun. If possible, have your students make observations about the activities (including data recording the air temp and 				

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		body temp) and consider
	•	the dangers and challenges of prolonged sun exposure. Next have your students attempt to pick an audience (students or teachers) and an activity that they want to focus on creating a solution. This can be a whole-class decision or vary from group to group. The list of activities can be pre- determined or open to students to choose from (before school drop-off, recess, PE, transition periods, after school pick- up, etc.) Have students make new and additional observations about their selected activity then define what they think the challenge or problem is with the current activity. *Remember to support developing an empathetic solution. Establish your parameters (groups, roles, time limit, # of trials, amount of material allowed to use, etc.).
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		Topokov Notes
 What is already known about the problem? What are some current solutions that can be built upon/improved? What technology is available to help you understand the problem better? What are some obstacles, challenges connected to your problem? Who are you building the solution for? 	•	Have students research what are the concerns related to heat exposure. There are a lot of resources listed in the Real-world Connections section. Have the students research how other schools or cities are changing and improving their designs/policies/practices to keep students and teachers safe. What new technology

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	with better understanding the problem?		
Brainstorm Possible Solutions:			
Guided Questions	Teacher Notes		
 How many ideas can you come up with individually? How many ideas can you come up with as a group? How can you use/build on the groups ideas to refine your own? 	 Have students individually come up with at least 2 possible designs or ideas which could improve the activity they selected. Have students share designs with a group. *Encourage a variety of ideas and a safe environment. Encourage reflection and refinement of ideas 		
Choose the Best Solution:	1		
Guided Questions	Teacher Notes		
 Which solution(s) could you build using the materials/time you have available? Which solution(s) could you build considering the constraints/ limitations? Which solution do you think has the best chance to be successful? 	 Have students choose a design and make a plan to "build" a model to represent their idea. 		
Build a Model or Prototype:			
Guided Questions	Teacher Notes		
 What materials will you need? Does your design meet the lesson objective? Does your design clearly communicate your selected solution to the problem? 	 Revisit the objective and make sure the students design matches their intended solution to the problem. Is their choice based on thinking empathetically as to what the user would want? 		
Test your Solution:			
Guided Questions	Teacher Notes		
 Did you record your observations? How will you know if your design worked as intended? How will you know if your design was successful? 	 Have students make and record observations during their trial(s). Encourage students to stay true to their design and not make modifications while testing without first recording what they are changing and why. 		

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Communicate your Solution:				
Guided Questions	Teacher Notes			
 Did your design work as intended? How do you know? Did it solve the problem that you identified? How do you know? Do you still think your solution is the best one for the problem? Why or why not? What would you different if you could do it again? Why? 	 Have students reflect individually and then record responses. Have students share responses with their group then whole class. To make iterations, you will want to re-enter the Engineering Design Process and begin thinking about defining the problem(s) they had with the initial idea. The purpose is to provide a process for them to formalize their thinking and not rely on trial and error to merely accomplish a task. Take a picture or video of your final design and email us at: <u>stem@maricopa.gov</u> 			

